

SPECIAL PROMOTION

THERMAL BLISS

Iceland Review takes you across the country, listing a selection of its finest swimming pools



LAUGARVATN
fontana
Geothermal Baths

SWIMMING POOLS SPECIAL PROMOTION

SUPPLEMENT COMPILED BY RACHEL MERCER AND VALA HAFSTAD. COVER PHOTO BY PÁLL STEFÁNSSON.



SANDGERÐI POOL

Location: Skólastræti 2, 245 Sandgerði

Tel: +354 420-7570

Opening hours:

May 1-Sep 30:

Mon-Fri: 7:00-21:00

Sat-Sun: 10:00-16:00

Winter hours vary



The Sandgerði swimming pool complex has a 25-m swimming pool, two water slides, a wading pool, Jacuzzi, hot tub and steam room. The premises also include a fitness center and sports hall.



GARÐUR POOL

Location: Garðbraut 94, 250 Garður

Tel: +354 422-7300

Opening hours:

Jun 1–Aug 31:

Mon-Fri: 6:00-21:00

Sat-Sun: 10:00-16:00

Winter hours vary



The Garður swimming pool has a 25x8-m outdoor swimming pool, Jacuzzi, hot tub, children's wading pool, waterslide and steam room in addition to great sunbathing facilities.



ÁLFTANESLAUG POOL

Location: Bjarnastaðir, Breiðumýri, 225 Álftanes

Tel: +354 550-2352

Opening hours:

Mon-Fri: 6:30-21:00

Sat-Sun: 9:00-19:00



This popular pool complex has a wave pool—the only one in Iceland—a big waterslide, two hot tubs, a children's wading pool, sauna and steam room, in addition to the 25x12-m swimming pool. A 12x7-m indoor pool is also on the premises. Good access for the disabled.



SALALAUG POOL

Location: Versalir 3, 201 Kópavogur **Tel:** +354 570-0480

Opening hours: May 1-Sep 30:

Mon-Fri: 06:30-22:00

Sat-Sun: 08:00-20:00

Oct 1-Apr 30: Mon-Fri: 06:30-22:00

Sat-Sun: 8:00-18:00



The facilities at Salalaug pool include a 25-m outdoor pool, excellent for lap swimming, a waterslide and fountain, two hot tubs, a whirlpool and steam room, in addition to a large indoor pool. Accessible by bus from Reykjavík.



SUNÐLAUG KÓPAVOGS POOL

Location: Borgarholtsbraut 17, 200 Kópavogur

Tel: +354 570-0470

Opening hours: May 1-Sep 30:

Mon-Fri: 6:30-22:00, Sat-Sun: 8:00-20:00

Oct 1-Apr 30: Mon-Fri 6:30-22:00

Sat-Sun: 8:00-18:00



The swimming area at Kópavogur has an abundance of services to offer, including an Olympic-size pool, two indoor pools, three waterslides and seven hot tubs. There's a large sauna, plenty of play areas for kids and an adjacent fitness center. Only a five-minute bus ride from downtown Reykjavík.

Location: Lækjarhlíð 1a,
270 Mosfellsbær
Tel: +354 517-6080
Opening hours:
Mon-Fri: 6:30-21:30
Sat-Sun: 8:00-19:00



LÁGAFELLSLAUG POOL

This popular pool complex features a state-of-the-art 25-m swimming pool, a 50-m indoor Olympic pool and three hot tubs: two traditional ones and a Jacuzzi, which is slightly cooler. The complex also features a steam room, sauna, children's splash pool and three water slides. At the 12-m indoor pool, test your skills on the wipeout lane.



Location: Skólabraut,
270 Mosfellsbær
Tel: +354 566-6754
Opening hours:
Mon-Fri: 6:30-21:00
Sat: 9:00-17:00, Sun: 9:00-16:00



VARMÁRLAUG POOL

The Varmá sports center features a 25-m outdoor swimming pool, 1-3-m deep. It also has a Jacuzzi, children's splash tub and hot tub of 40-42°C, sauna and an ice-cold tub, designed to soften stiff muscles. The area also has a campsite and a Viking playground.



Location: Hofsvallagata, 107 Reykjavík
Tel: +354 411-5150
Opening hours:
Mon-Thu: 6:30-22:00
Fri: 6:30-20:00
Sat-Sun: 9:00-18:00



VESTURBÆJAR- LAUG POOL

A popular neighborhood pool, located within walking distance of the city center. It has an outdoor pool and children's pool, a waterslide, five hot tubs—one of which is brand-new—a steam room, sauna and sunbathing facilities.



Location: Barónsstígur 45a, 101 Reykjavík
Tel: +354 411-5350
Opening hours:
Mon-Thu: 6:30-22:00
Fri: 6:30-20:00
Sat: 8:00-16:00, Sun: 10:00-18:00



SUNDHÖLL REYKJAVÍKUR POOL

Sundhöllin ('The Swimming Palace') is Iceland's oldest public bath, designed by the noted architect Guðjón Samúelsson. The main pool is 25x10 m and has two diving boards. Outside, on the balcony, there are two large hot tubs.



Location: Sundlaugavegur,
105 Reykjavík
Tel: + 354 411-5100
Opening hours:
Mon-Fri: 6:30-22:00
Sat-Sun: 8:00-22:00



LAUGARDALSLAUG POOL

Located in Laugardalur valley, this is Iceland's largest pool complex. Its facilities include a 50-m outdoor pool, outdoor children's pool and paddling pool, two waterslides, numerous hot tubs, steam room, gym and mini-golf course.





ÁRBÆJARLAUG POOL

Location: Fylkisvegur 9, 110 Reykjavík
Tel: +354 411-5200
Opening hours:
 Mon-Thu: 6:30-22:00
 Fri: 6:30-20:00
 Sat-Sun: 9:00-18:00



A large, modern pool with excellent facilities for children. It's comprised of an outdoor pool, indoor children's pool, outdoor paddling pool, waterslide and fountains for children, four hot tubs (one brand-new) and a steam room.



BREIÐHOLTSLAUG POOL

Location: Austurberg 3, 111 Reykjavík
Tel: +354 557-5547
Opening hours:
 Mon-Thu: 6:30-22:00
 Fri: 6:30-20:00
 Sat-Sun: 9:00-18:00



Breiðholtslaug features a 25x12.5-m swimming pool, two hot tubs, a Jacuzzi, steam room, sauna, children's wading pool and two large waterslides. An indoor pool is also on the premises.



GRAFARVOGSLAUG POOL

Location: Dalhús 2, 112 Reykjavík
Tel: +354 510-4600
Opening hours:
 Mon-Thu: 6:30-22:00
 Fri: 6:30-20:00
 Sat-Sun: 9:00-18:00



This pool complex has a 25x12.5-m swimming pool, a children's splash pool, two hot tubs, a Jacuzzi and steam room. An indoor pool is also on the premises.



SELTJARNARNES POOL

Location: Suðurströnd 8, 170 Seltjarnarnes
Tel: + 354 561-1551
Opening hours:
 Mon-Fri: 6:30-21:00,
 Sat-Sun: 8:00-18:00



The water comes from a nearby borehole, which includes saltwater and is rich in minerals, having a pleasant effect on the skin and believed to have healing powers. Less chlorine is used than in most other pools. The pool area includes a 25-m swimming pool, paddling pool, four hot tubs, waterslide and steam room. An adjacent World Class fitness center.



KLÉBERGSLAUG POOL

Location: Grundarhverfi, 116 Reykjavík
Tel: +354 566-6879
Opening hours:
 Mon-Fri: 9:00-20:00
 Sat-Sun: 11:00-15:00



A cozy swimming pool at Kjalarnes, which lies by the road to West Iceland, offers a panoramic view of the capital from across Faxaflói bay. Close by, there are great sea-bathing facilities.

Location: Þorsteinsgata 1
310 Borgarnes
Tel: +354 433-7140
Opening hours:
Mon-Fri: 6:30-22:00
Sat-Sun: 9:00-18:00



BORGARNESLAUG POOL

This pool complex has a 25x12.5-m pool, three waterslides, a children's pool, hot tub, Jacuzzi, bubbling pool with built-in water massage, steam bath directly from Deildartunguhver hot spring, sauna and great sunbathing facilities, as well as a 12.5x8-m indoor pool. A fitness center is also on the premises.



Location: Lýsuhóll
356 Snæfellsbær
Tel: +354 433-9917
Opening hours:
June: 13:00-20:00
Jul 1-Aug 17: 11:00-20:00



LÝSUHÓLSLAUG POOL

This countryside swimming pool has pure, fresh and warm mineral spring water, known for its health benefits and healing powers. The pool is only open during the summer. Consult our Facebook page for further information.



Location: Ennisbraut 11, 355 Ólafsvík
Tel: +354 433-9910
Opening hours:
Jun 1-Aug 31:
Mon-Fri: 7:00-21:00
Sat-Sun: 13:00-17:00
Winter hours vary



SNÆFELLSBÆR POOL

A great new outdoor area has been added to this pool complex, including two hot tubs and a splash pool. The swimming pool is indoors, but has large windows, allowing for a nice view over the town.



Location: Borgarbraut 4, 340 Stykkishólmur
Tel: +354 433-8150
Opening hours:
June 1-August 31:
Mon-Thu: 7:05-22:00
Fri: 7:05-19:00
Sat-Sun: 10:00-18:00
Winter: Same, but closes at 22:00 on Fridays and at 17:00 on weekends



STYKKISHÓLMUR POOL

This pool complex has a 25x12-m outdoor pool, two hot tubs with pure water straight from the earth, a children's paddling pool, an indoor pool and a large waterslide. The water is unique, sourced from a nearby mineral spring and certified as having various health benefits.



Location: Höfðastígur 1, 415 Bolungarvík
Tel: +354 456-7381
Opening hours:
Jun 1-Aug 31: Mon-Fri: 6:15-21:00
Sat-Sun: 10:00-18:00
Sep 1-May 31: Mon-Fri: 6:15-09:00
and 16:00-21:00, Sat-Sun: 10:00-18:00



BOLUNGARVÍK POOL

The outside area has two hot tubs, a wading pool and a waterslide, whereas the swimming pool and steam rooms are indoors. The pool complex is in the same building as the sports center and located by the campsite.





HÓTEL HÚNI POOL

Location: Hótel Húni, Húnaveilir, 541 Blönduós
Tel: +354 453-5600
Opening hours: June 3-August 20:
 Mon-Fri: 8:00-11:00 and 16:00-22:00
 Sat-Sun: 8:00-22:00



The Hótel Húni Pool is located 6 km from Ring Road 1. The 17-m long pool has a hot tub with massage jets. Free admission for hotel guests. Swim suits and towels available for rent. Enjoy peaceful surroundings and a view of Svínavatn lake. Food and beverages served at the hotel. The hotel grounds include a camping area.



BLÖNDUÓS POOL

Location: Melabraut 2, Blönduós **Tel:** +354 452-4178
Opening hours: Jun 1-Aug 20:
 Mon-Fri: 8:00-21:00, Sat-Sun: 10:00-20:00
 Aug 21-May 31: Mon & Wed: 6:30-21:00
 Tue & Thu: 7:45-21:00, Fri: 6:30-17:00
 Sat: 10:00-16:00



The main pool at Blönduós is 25x8.5 m. There's also a wading pool and two hot tubs. Blönduós is at the heart of the lake- and river-filled region of Húnaflói Bay in Northwest Iceland, which also boasts many cultural attractions.



HOFÓS POOL

Location: Suðurbraut, 565 Hofsóss
Tel: +354 455-6070
Opening hours:
 May 16-Aug 26: 9:00-21:00
 Sep 1-May 17: Mon-Fri 7:05-13:05
 & 17:15-20:15, Sat-Sun 11:00-15:00



Located in a small town with a population of 200, the Hofsóss pool is certainly a hidden gem. Designed by the architect responsible for the famous Blue Lagoon and the winner of several design awards, the geothermally-heated pool is built into a hillside overlooking the sea and Drangey Island.



SKAGASTRÖND SWIMMING POOL

Location: Einbúastígur 6, 545 Skagaströnd
Tel: : +354 452-2086
Opening hours:
 June 1-August 31:
 Mon-Fri: 13:00-21:00
 Sat-Sun: 13:00-17:00
 Closed in winter



The Skagaströnd pool area includes a 6x12-m outdoor pool and a hot tub. This is a small, clean and pleasant pool, with good locker rooms and showers. Here, coffee is available in the hot tub. Peaceful and beautiful natural surroundings.



SAUÐÁRKRÓKUR POOL

Location: Skagfirðingabraut 20,
 550 Sauðárkrókur
Tel: +354 453-5226
Opening hours:
 Jun 1- Aug 26:
 Mon-Fri: 6:50-21:00
 Sat-Sun: 10:00-17:00
 Aug 27-May 31: Mon-Thu: 6:50-20:30
 Fri: 6:50-20:00, Sat-Sun: 10:00-16:00



The main pool at Sauðárkrókur is 25-m long. There are two hot tubs, a sauna and a terrace for sunbathing.

Location: 560 Varmahlíð **Tel:** +354 453-8824
Opening hours: Jun 1-Aug 26: Mon-Fri 10:30-21:00
 Sat-Sun: 10:30-18:00
 Aug 27-May 31:
 Mon & Thu: 9:00-21:00
 Tue-Wed: 9:00-20:00, Fri 9:00-14:00
 Sat-Sun 10:00-15:00
 Closed on Sundays from October 1



VARMAHLÍÐ POOL



Location: Sólgarðar, 570 Fljót
Tel: +354 467-1033
Opening hours: Jun 16-Aug 14:
 Mon, Thu & Fri: 17:00-21:00
 Tue & Wed: Closed
 Sat-Sun: 13:00-17:00
 Winter hours vary



SÓLGARÐAR POOL



If you want a cozy, no fuss experience, this is the place to come. The main pool at Sólgarðar is 16 m long and is kept nice and warm, so it's a perfect place for families. There's a hot tub and diving board by the pool.

Location: Hvanneyrarbraut 52,
 580 Siglufjörður
Tel: +354 464-9170
Opening hours:
 Jun 8-Aug 31:
 Mon-Thu: 6:30-19:45
 Fri: 6:30-19:00, Sat-Sun: 10:00-18:00
 Winter hours vary



SIGLUFJÖRÐUR POOL



The Siglufjörður swimming pool has a 10x25-m indoor swimming pool and an outdoor hot tub. A certified sports hall and fitness center are also on the premises.

Location: Tjarnarstígur, 625 Ólafsfjörður
Tel: +354 464-9250
Opening hours:
 Jun 8-Aug 31:
 Mon-Thu: 6:30-19:45
 Fri: 6:30-19:00, Sat-Sun: 10:00-18:00
 Winter hours vary



ÓLAFSFJÖRÐUR POOL



A 8x25-m swimming pool, children's wading pool and two hot tubs, one of which has water massage jets, and two waterslides await you in Ólafsfjörður. A certified sports hall and fitness center are also on the premises.

Location: Austurvegur 5, Hrísey **Tel:** +354 461-2255
Opening hours:
 Jun 2-Aug 22:
 Mon-Tue: 10:30-19:00
 Sat-Sun: 10:30-17:00
 Winter hours vary



HRÍSEY POOL



The charming little island of Hrísey has a great pool complex for all ages featuring a children's pool and a hot tub overlooking Eyjafjörður fjord. The complex is part of the island's sports center and gym.



PELAMERKUR- LAUG POOL

Location: Pelamörk, Laugaland, Hörgárbyggð
Tel: +354 462-4718 **Opening hours:**
 Jun 4-Aug 20: Sun-Thu: 11:00-22:00
 Fri-Sat: 11:00-18:00
 Aug 21-Jun 3: Mon-Thu: 17:00-22:30
 Fri: 17:00-20:00, Sat: 11:00-18:00
 Sun: 11:00-22:30



Located close to Akureyri, the Pelamörk swimming pool has a children's wading pool, two hot tubs, a steam room and waterslide, in addition to a 8x25-m swimming pool, which has a temperature of 35°C, probably making it Iceland's largest hot tub.



AKUREYRI POOL

Location: Þingvallastræti, 600 Akureyri
Tel: +354 461-4455
Opening hours:
 May 28-Sep 1:
 Mon-Fri: 6:45-21:00
 Sat-Sun: 8:00-19:30
 Winter hours vary



A water paradise catering to the whole family, featuring two swimming pools, two water slides, a splash pool, an indoor pool, four hot tubs, a steam room and sauna. In the summer, a family park with playground equipment is a popular attraction.



LAUGAR POOL

Location: Þingeyjarsveit, 650 Laugar
Tel: +354 862-3822, +354 464-6308
Opening hours: Jun 1-Aug 15: 10:00-21:00
 Aug 20-May 25: Mon-Thu: 7:30-9:30 &
 16:00-21:00, Fri 7:30-9:30, Sat: 14:00-17:00
 Sun: closed



Surrounded by pristine hillsides, the pool at Laugar is 25-m long with a temperature around 30°C. There are two spacious hot tubs, one at 40°C and another around 37°C. There's also a kids' wading area and a fitness center.



SELÁRDALUR POOL

Location: 12 km north of Vopnafjörður Village
Tel: +354 473-1499
Opening hours:
 Open every day May 1-August 31:
 10:00-20:00
 September 1-Apr 30:
 Tue-Fri: 10:00-14:00 Sat-Sun: 12:00-16:00



The 12.5-m pool is located on the banks of Selá, one of Iceland's best-known salmon rivers. Famous for its stunning natural surroundings. Includes a children's wading pool and a hot tub. Good wheelchair access. Large terrace for sunbathing.



EGILSSTAÐIR POOL

Location: Tjarnarbraut 26, 700 Egilsstaðir
Tel: +354 470-0777
Opening hours: Jun 1-Aug 31:
 Mon-Fri: 6:30-21:30
 Sat-Sun: 10:00-18:00
 Sep 1-May 31: Mon-Fri: 6:30-20:30
 Sat-Sun: 10:00-17:00



The main pool at Egilsstaðir is an outdoor pool that is 25x12.5 m and is located next to a large sports center. There are two hot tubs of 38-40°C, sauna, a kids' pool and waterslide. There are also benches and chairs for people to lie and relax in the sun.

Location: Selnes 25, 760 Breiðdalsvík
Tel: +354 470-5575

Opening hours:
June 11-August 27:
Mon-Fri: 11:00-13:00
and 16:00-19:00
Sat: 13:00-16:00



BREIÐDALSHREPPUR SWIMMING POOL

The Breiðdalshreppur pool is about 16 m long and includes a hot tub. There is an adjacent sports center with a gym. Convenient location close to a campsite.



Location: Klausturvegur 4
880 Kirkjubæjarklaustur
Tel: +354 487-4656

Opening hours:
10:00-20:00



KIRKJUBÆJAR- KLAUSTUR POOL

In addition to the recently renovated swimming pool, the complex has a children's pool and hot tub with water massage. It's part of the Kirkjubæjarklaustur sports and fitness center.



Location: Mánabraut 3, 870 Vík
Tel: +354 487-1174

Opening hours:
Summer: Every day: 10:00-19:00
Winter: Mon-Thu: 15:00-19:00
Fri: 13:00-19:00 Sat: 10:00-14:00
Closed Sundays



VÍK Í MÝRDAL POOL

The Vík pool area includes a 16x8-m outdoor pool, a warm children's wading pool, a small water slide, steam room and a hot tub. The adjacent sports center includes a fitness room, and there is a campsite nearby.



Location: Vallarbraut 16, 860 Hvolsvöllur
Tel: +354 488-4295

Opening hours:
May 1-Sep 31:
Mon-Fri: 6:00-20:45
Sat-Sun: 10:00-18:45
Winter hours vary



HVOLSVÖLLUR POOL

A 25x10.6-m swimming pool, two hot tubs, a wading pool, big water slide and steam room are to be found at the Hvolsvöllur swimming pool complex, which is in the same building as the town's sports center.



Location: Útskálar 4, 450 Hella
Tel: +354 488-7040

Opening hours:
May 25-Aug 25:
Mon-Fri: 6:30-21:00
Sat-Sun: 10:00-19:00
Winter hours vary



HELLA POOL

Hella has a 25x11-m certified competition pool as well as a Jacuzzi, two hot tubs and two wading pools. The pool complex, which is part of the local sports center, also has three waterslides, a steam room and good sunbathing facilities.





REYKHOLT POOL

Location: Reykholt, Bláskógabyggð **Tel:** +354 480-3040

Opening hours:

May 27-Aug 14: Mon-Thu: 10:00-21:00

Fri-Sun: 10:00-18:00

Aug 15-May 26: Mon & Wed: 14:00-18:00

Tue & Thu: 14:00-22:00, Sat: 10:00-18:00

Fri-Sun: Closed



Set in the beautiful and quiet countryside, where geothermal heat is used for growing flowers and vegetables in greenhouses, the Reykholt pool has all the necessary amenities for an enjoyable experience, including an outdoor pool with a waterslide, hot tub, wading pool and gym.



BORG POOL

Location: Borg, 801 Selfoss

Tel: +354 480-5530

Opening hours:

May 28-August 21: Mon-Fri: 10:00-22:00

Sat-Sun: 10:00-19:00

August 22-May 27: Mon-Thu: 14:00-22:00

Closed Fridays

Sat-Sun: 11:00-18:00



The Borg swimming pool area includes a 25-m outdoor pool with a water slide, two hot tubs, a children's wading pool and a sauna, as well as an adjacent fitness center. A great place to relax.



SELFOSS POOL

Location: Tryggvagata 15, 800 Selfoss

Tel: +354 480-1960

Opening hours:

All year round:

Mon-Fri: 6:30-21:30

Sat-Sun: 9:00-19:00



The Selfoss public swimming pool is in the center of town, within walking distance of all major shops and services. Includes a 25-m outdoor pool, children's outdoor pool with three slides, wading pool, steam room, sauna, and hot and cold tubs, as well as an 18-m indoor pool and fitness center.



STOKKSEYRI POOL

Location: Við Stjörnustein, 825 Stokkseyri **Tel:** +354 480-3260

Opening hours:

Jun 1-Aug 23: Mon-Fri: 13:00-21:00

Sat-Sun: 10:00-17:00

Aug 24-May 31: Mon-Fri: 16:30-20:30

Sat: 10:00-15:00



The facilities at Stokkseyri include a 18-m outdoor pool with a waterslide, shallow wading pool and two hot tubs. The nearby village offers seaside access and a variety of shops and museums.



ÞORLÁKSHÖFN SWIMMING POOL

Location: Hafnarberg 41, 815 Þorlákshöfn

Tel: +354 480-3890

Opening hours:

Summer: Mon-Fri: 7:00-21:00

Sat-Sun: 10:00-18:00

Winter: Mon-Fri: 7:00-21:00

Sat-Sun: 10:00-17:00



The Þorlákshöfn swimming pool is a family favorite. It includes a 25-m outdoor pool, two hot tubs and two waterslides, as well as a shallow indoor pool with three waterslides for the youngest children. Good wheelchair access. An adjacent sports center includes a gym.